



Helping People Realize Their True Potential

Quit the Blame Game!

If someone spits on you, will he make you mad or will he make you wet? Many will say, "He'll make me wet and *mad*", but we think he'll only make you wet and you allow yourself to get *mad*.

No one can make you do something against your will; unless you surrender your free will. So, you cannot help getting wet because of his actions, but you can stop yourself from getting mad, because that is within your control.

Think back to when you were a child; think of the time you spent exercising your *pointing* finger. This was the 'weapon' used to point out a sibling, or the naughty child next door - usually accompanied by the words, "He did it!" or "He made me do it!"

It seems that when things get tough many revert to old habits. Looking for someone or something to blame really has little value. If you want to be a part of the solution, focus less on what others do wrong, and more on what you can do to make it right.

Here's another case in point. If some selfish and aggressive driver cuts in front of you in the traffic, you cannot change what he has done; but you CAN stop yourself from getting angry and carrying a 'miserable mood' with you for the rest of the trip. You can stop yourself from becoming like that 'driver from hell'. If you avoid doing to others what has just been done to upset you; you have won the day by avoiding the temptation to become just '*another driver from hell!*'

You will find in life exactly what you are looking for:

When you look for someone or something to blame, you will find just that!

When you are looking for an excuse, you will find just that!

When you are looking for a solution, **guess what?**

You have the power of choice!

So be good; make yourself proud and go make more positive choices today!

We dispel the dark in our lives by bringing in the Light.

Food for thought...

Anyone who takes ownership of a problem eventually owns the solution.

**Visit our website on www.winningedge.co.za
Or find us on Facebook or Twitter**



This motivator is sent out only to those who have subscribed for mail. If you wish to unsubscribe, please [email](#) us with 'unsubscribe' in the subject line.